

COMMON MEDICATIONS (Revised March 2016)

Trade Name/Chemical Name/Category	Common Usage/Comments	Side Effects/Interactions	Monitoring
Abilify/Ariprazole/ Atypical Antipsychotic	Bipolar Disorder; Schizophrenia; Autism Spectrum Disorder (ASD) (for irritability); Tourette's/ Not recommended for children < 13 yrs	Headaches, anxiety, decreased sleep, GI upset, drowsiness, blurred vision, tremor, weight gain, orthostatic hypertension, tardive dyskinesia (involuntary movements) , suicidal ideation/ Avoid alcohol while using	Personal family history, liver function, waist circumference at baseline and annually; weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually; weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks (for suicidal ideation)
Adderall/Dextroamphetamine salts/ Stimulant	Attention Deficit Hyperactivity Disorder (ADHD) /Not studied in children-6-12 yrs	Decreased appetite, decreased sleep, stomachache, fever, headache, dry mouth, nausea, fever, high blood pressure, nervousness, dizziness, psychosis/ Avoid antacids	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease
Ativan/Lorazepam/Anti-seizure	Anxiety Disorder; Status Epilepticus; Chemo-related nausea; Pre-op sedation	Sedation, dizziness, ataxia, respiratory depression, fatigue, amnesia, confusion, visual disturbances, irritability, menstrual irregularities, constipation, appetite changes, incontinence	Liver function tests if prolonged use
Catapres, Kapvay (long acting)/ Clonidine HCL/ Antihypertensive	Attention Deficit Hyperactivity Disorder (ADHD)/ Not recommended for children <6 yrs	Dry mouth, drowsiness, sore throat, dizziness, weakness, constipation, rash, myalgia, ear pain(K), nightmares-(K), urticaria, nausea, insomnia, agitation, orthostatic hypotension, impotence, heart arrhythmias (K)=with Kapvay	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease; monitor for heart murmurs or arrhythmias
Celexa/Citalopram/Selective Serotonin Reuptake Inhibitor(SSRI) Anti-depressant	Depression; Mood Disorder; Autism Spectrum Disorder (ASD) Not established in children	GI upset, dry mouth, sleepiness, decreased sleep, increased sweating, fatigue, rhinitis, myalgia, decreased appetite, abnormal bleeding; suicidal ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.

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Cogentin/Benzotropine/Anticholinergic	Parkinson's Disease	Tachycardia, constipation, dry mouth, nausea, vomiting, dizziness, rash, sedation, decreased appetite, tinnitus	No recommended routine tests
Concerta/Methylphenidate (long acting)/Stimulant	ADHD/Not recommended for children <6 yrs	Decreased appetite, decreased sleep, headache, dry mouth, nausea, nervousness, fever, dizziness, hypertension, anxiety, weight loss, irritability, visual disturbance	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease
Cymbalta/Duloxetine/Antidepressant	Major Depressive Disorder; Generalized Anxiety Disorder/Not recommended for children <7yrs	Nausea, dry mouth, constipation, increased sweating, decreased appetite, weight changes, fatigue, dizziness, tremor, blurred vision, liver damage; suicide ideation/ Avoid thioridazine (Mellaril)	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Monitor blood pressure and liver functions
Depakote/Divalproex/Anti-seizure	Absence or Complex partial seizures; Mania in Bipolar Disorder/ Not recommended for children < 10 yrs	Dizziness, headaches, stomachache, weakness, blood dyscrasias, alopecia, amblyopia, bone marrow suppression, acute pancreatitis; suicide ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.; monitor levels; monitor girls for polycystic ovary syndrome
Dexadrine/Dextroamphetamine Sulfate/Stimulant	Narcolepsy, ADHD /Not recommended for children <3 yrs	Decreased appetite, decreased sleep, nausea, nervousness, increased heart rate, headache, motor & phonic tics, palpitations, dizziness, high blood pressure, diarrhea, constipation	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease
Elavil/Amitriptyline/Tricyclic Antidepressant	Brand discontinued in the US		
Effexor/Venlafaxine/Selective Norepinephrine Reuptake Inhibitor (SNRI) Antidepressant	Depression; Social Anxiety Disorder; Generalized Anxiety Disorder/Not established for children < 18 yrs	Nausea, dizziness, somnolence, insomnia, dry mouth, sexual dysfunction, sweating, tremor, nervousness, vasodilation, hypertension, weight changes ; suicide ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks

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Focalin/Dexmethylphenidate HCl/ Stimulant	ADHD /Not established for children<6 years old	Decreased appetite, decreased sleep, weight changes, headache, dry mouth, nausea, anxiety, nervousness, fever, dizziness, high blood pressure, increased heart rate, toxic psychosis, dyspepsia, Tourette's syndrome	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease
Fluvoxamine/SNRI Antidepressant	Obsessive-Compulsive Disorder/Not established in 8-17 yrs	Nausea, drowsiness, insomnia,, asthenia, nervousness, indigestion, tremor, ejaculation disorders, sweating, decreased appetite, dry mouth, rhinitis, low sodium level	Monitor Sodium levels
Geodon/Ziprasidone/ Antipsychotic	Psychosis; Mood Disorder; Bi-polar Disorder/ Not recommended for children	Drowsiness, extrapyramidal syndrome rash, respiratory disorder, dizziness, akathisia, weight gain, abnormal vision asthenia, vomiting, headache, dystonia, tachycardia, heart arrhythmia, priapism	Waist circumference baseline & annually; baseline liver function tests; weight-baseline, monthly for 1 st 3 months & then quarterly; fasting blood glucose & lipids-baseline monthly for 1 st 3 months & then annually
Haldol/Haloperidal/Antipsychotic	Psychosis esp. Schizophrenia; Tourette's Syndrome/ Not recommended for children; Brand discontinued in US	Tardive dyskinesia, GI upset, heart arrhythmias, extrapyramidal symptoms, bronchopneumonia	At high doses, monitor for cardiac arrhythmias
Intuniv (long acting), Tenex/ Guanfacine/Antihypertensive	Attention Deficit Hyperactivity Disorder (ADHD)	Drowsiness, sedation, fatigue, nausea, lethargy, hypotension, insomnia, dizziness, abdominal pain, dry mouth, constipation, bradycardia, impotence(T) Avoid alcohol	Blood pressure, height and weight - baseline, monthly; EKG if family or personal history of heart disease; monitor for heart murmurs or arrhythmias
Klonopin/Clonazepam/ Anti-seizure	Lennox-Gastaut syndrome, absence, akinetic and myoclonic seizures; Bipolar Disorder/Not recommended for children < 18 yrs	CNS depression, drowsiness, ataxia, GI upset increased salivation, liver disorders, blood dyscrasias; suicide ideation Avoid alcohol	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks

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Lamictal/Lamotrigine/ Anti-seizure	Bipolar Disorder; Seizure Disorder/Not established for children < 18 yrs	Nausea, insomnia, drowsiness, dizziness, back pain, rhinitis, non-serious rash, fatigue abdominal pain, dry mouth, headaches, abnormal dreams, serious rash(e.g. Stevens- Johnson Syndrome, toxic epidermal necro-lysis), light hypersensitivity, multiorgan failure , blood dyscrasias, suicide ideation	Aseptic meningitis; Baseline creatinine; Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks
Lexapro/Escitalopram/SSRI-Antidepressant	Major Depression Disorder/Not recommended for children < 12 years old	Nausea, decreased sleep, fatigue, low sodium level, drowsiness, increased sweating, abnormal bleeding, dizziness, decreased appetite, ejaculation disorder; suicidal ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.
Lithobid/Lithium/Mood Stabilizer	Mania, Bipolar Disorder	Polyuria, polydipsia, drowsiness, tremor, dry mouth, hypothyroidism, extrapyramidal symptoms, nausea, renal toxicity, seizures, heart arrhythmias, hypotension, metallic taste, pseudotumor cerebri	Monitor lithium levels; monitor thyroid and renal function
Mellaril/Thioridazine/Antipsychotic	Schizophrenia	Drowsiness, heart arrhythmias, tardive dyskinesia, weight gain, fluid retention, anticholinergic effects, menstrual disorders, ejaculation disorders, blood dyscrasias, jaundice, gynecomastia, retinal changes, orthostatic hypotension	Personal family history of heart disorders; baseline & serial liver function tests, waist circumference at baseline and annually; weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually
Paxil/Paroxetine/SSRI-Antidepressant	Depression; Premenstrual Dysphoric Disorder/Not established in children	Nausea, diarrhea, sweating, decreased appetite, drowsiness, dizziness, decreased sleep, headache, tremor, abnormal bleeding, dry mouth, diarrhea, ejaculation disorders, blood dyscrasias, low sodium level; suicide ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; Baseline & serial sodium levels.

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Pristiq/Desvenlafaxine/SNRI Antidepressant	Major Depressive Disorder/ Not recommended for children	Nausea, dizziness, decreased appetite, dizziness, decreased sleep, interstitial lung disease, anxiety, constipation, eosinophilic pneumonia, ejaculation disorders, sexual dysfunction, low sodium levels; suicidal ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Monitor blood pressure; baseline and serial sodium levels
Procentra/Dextroamphetamine/Stimulant	ADHD; Narcolepsy	Decreased appetite, decreased sleep, nausea, nervousness, tachycardia, motor & phonic tics, headache, palpitations, hyper-tension, tremor, dizziness, diarrhea, constipation	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease
Prozac/Fluoxetine/Antidepressant	Major Depressive Disorder; Bulimia/Not established for children 8-18 yrs	Decreased appetite, weight loss, headache, nausea, dizziness, anxiety, nervousness, dry mouth, agitation, sexual dysfunction, rash, sweating, low sodium level; hypo or hyperglycemia, nose bleeds; menstrual disorders; suicide ideation	Weekly face-to-face contact with patients or their family members/caregivers during the first 4 weeks, then biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated; Baseline and serial sodium levels & fasting blood glucoses.
Remeron/Mirtazapine/Antidepressant	Major Depressive Disorder/ Not established in children	Drowsiness, weight gain, dizziness, nausea, dry mouth, increased appetite, nausea, flu syndrome, edema, CNS effects, hypo- or hypertension, elevated cholesterol or triglycerides	Baseline and serial liver function tests; baseline and serial cholesterol and triglycerides
Quillivant/Methylphenidate HCL/Stimulant	Attention Deficit Hyperactivity Disorder/ Not established in children < 6 years	Insomnia, GI upset, indigestion, decreased appetite, hypertension, anxiety, and abdominal pain. tachycardia, weight loss, irritability, affect lability, vomiting, indigestion, priapism	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease
Risperdal/Risperidone/Antipsychotic	Schizophrenia; Bipolar Disorder; Mania; Irritability in Autism/Not established in children <10 yrs	Increased appetite, weight gain, decreased sleep, headache, dry mouth, nausea, nasal congestion, anxiety, fever, rash, nervousness, dizziness, increased heart rate, drowsiness, fatigue, rhinitis, diarrhea or constipation, tremor, priapism, blood dyscrasias, gynecomastia; tardive dyskinesia/ Avoid alcohol	Personal family history of heart disease or arrhythmias; baseline liver function, waist circumference at baseline and annually; weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually

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Ritalin/Methylphenidate/Stimulant	Attention Deficit Hyperactivity Disorder (ADHD)	Decreased appetite, decreased sleep, headache, dry mouth, nausea, anxiety, nervousness, fever, dizziness, hypertension, tachycardia, toxic psychosis, Tourette's syndrome, blood dyscrasias, rash, priapism	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease
Seroquel/Quetiapine/Atypical Antipsychotic	Bipolar Disorder; Mania/ Not established in children < 10 yrs	Sedation, weight gain, constipation, dry mouth, dizziness, anxiety, nervousness, agitation, drowsiness, sore throat, nasal congestion, hyperglycemia, increased appetite, hypothyroidism; suicidal ideation	Baseline liver function; waist circumference at baseline and annually; weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually; Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.
Strattera/Atomoxetine HCl/Selective Norepinephrine Reuptake Inhibitor	Attention Deficit Hyperactivity Disorder (ADHD) /Not recommended for children<6 years old	Fatigue, decreased appetite, weight loss, headache, dry mouth, nausea, mood swings, vomiting, hypo- or hypertension, sweating, dizziness, tachycardia, jaundice, sexual dysfunction, priapism, urinary disorders; suicide ideation	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease. Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Baseline & serial liver function tests
Tegretol/Carbamazepine/ Anti-seizure	Generalized tonic-clonic, partial and mixed seizures; Bipolar Disorder	Drowsiness, dizziness, nausea, heart failure, edema, hypo- or hypertension, heart arrhythmias, liver & urinary disorders, cataracts, fever, low sodium level, blood dyscrasias; bone marrow suppression; suicide ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; Baseline & serial sodium levels and hematocrit. Monitor blood pressure

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Tofranil/Imipramine HCl/ Antidepressant	Major Depressive Disorder/ Not established in children	Heart arrhythmias, nausea, fatigue, rash, sweating, headache, edema, blood dyscrasias, jaundice, hypo- or hypertension, jaundice; suicidal ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; monitor liver functions
Trazodone/Trazodone HCl/Antidepressant	Major Depressive Disorder/Not recommended for children < 18 yrs	Drowsiness, dizziness, sedation, dry mouth, fainting, CNS overstimulation, heart arrhythmias, hypotension, nausea, fatigue, headache, low sodium levels; suicidal ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; Baseline & serial liver functions and sodium levels
Vistaril /Hydroxyzine Pamoate Antianxiety	Anxiety Disorder; Pruritus; Sedation	Drowsiness, dry mouth, tremor, seizures, weakness, bitter taste, headache, agitation, ataxia, nausea	No routine tests recommended
Vyvanse/Lisdexamphetamine dimesylate/ Stimulant	Attention Deficit Hyperactivity Disorder/Not established in children <6 yrs	Decreased appetite, weight loss, diarrhea, dry mouth, irritability, insomnia, nausea, dizziness, headache, anxiety, fatigue, upper abdominal pain, vomiting; hypertension	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease or arrhythmias
Wellbutrin/Bupropion HCl/ Antidepressant	Major Depressive Disorder; Seasonal Affective Disorder; ADHD/Not established in children < 18 yrs	Dry mouth, nausea, tremor, seizures, sore throat, stomachache, agitation, anxiety, rash, tremor, palpitations, sweating, dizziness, ear ringing, decreased sleep, headache, blurred vision, weight change, high blood pressure, tachycardia; suicidal ideation/ Avoid in clients with Seizure Disorders	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; Blood pressure, height and weight at baseline, monthly
Xanax/Alprazolam/Antianxiety	Anxiety Disorder; Panic Disorder/Not recommended for children < 18 years old	Nausea, tremor, drowsiness, dizziness, decreased sleep, tremor, dry mouth, weight loss, decreased appetite, sweating, impaired memory, increased salivation, sexual dysfunction	Monitor liver functions if prolonged treatment

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Zoloft/Sertraline/SSRI Antidepressant	Major Depressive Disorder; Panic Disorder; Post Traumatic Stress Disorder; Obsessive Compulsive Disorder/Not recommended for children < 6 yrs	Nausea, diarrhea, tremor, drowsiness, insomnia, decreased appetite, sweating, dizziness, decreased sleep, tremor, dry mouth, weight loss, low sodium levels; suicide ideation	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Baseline and serial sodium levels; baseline and serial height & weight
Zyprexa/Olanzapine/Antipsychotic	Bipolar Disorder; Major Depressive Disorder/Not recommended for children < 13 yrs	GI upset, tremor, drowsiness, sedation dizziness, decreased sleep, weight gain, dry mouth, headache, fever, sore throat constipation, vomiting joint pain, blood dyscrasias, hyperglycemia, tachycardia; tardive dyskinesia	Personal family history, liver function, waist circumference at baseline and annually; weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually

REFERENCES

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