

## COMMON MEDICATIONS (Revised July 2019)

Trade Name/Chemical Name/Category	Common Usage Comments	Side Effects/Interactions	Monitoring (*see footer for information)
<b>Abilify/Ariprazole/ Atypical Antipsychotic</b>	Bipolar Disorder; Schizophrenia; Autism Spectrum Disorder (ASD) (for irritability); Tourette's Not recommended for children < 13 yrs	Headaches, anxiety, decreased sleep, GI upset, drowsiness, blurred vision, tremor, weight gain, orthostatic hypertension, tardive dyskinesia (involuntary movements), <b>suicidal ideation/ Avoid alcohol while using</b>	Personal family history*, liver function, waist circumference at baseline and annually; weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually; weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks <b>(for suicidal ideation)</b>
<b>Adderall/ Dextroamphetamine salts/ Stimulant</b>	Attention Deficit Hyperactivity Disorder (ADHD) Not studied in children 6-12 yrs	Decreased appetite, decreased sleep, stomachache, fever, headache, dry mouth, nausea, fever, high blood pressure, nervousness, dizziness, psychosis/ <b>Avoid antacids</b>	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease*
<b>Ambien/Zolpidem/ Sleep Aide</b>	Insomnia	Headache, drowsiness, dizziness, lethargy, "drugged" feeling, back pain, constipation, palpitations, sinusitis, pharyngitis, influenza-like symptoms, lightheadedness, diarrhea/caution when driving, using alcohol or having diagnosis of depression	No specific recommendations
<b>Ativan/Lorazepam/ Anti-seizure</b>	Anxiety Disorder; Status Epilepticus; Chemo-related nausea; Pre-op sedation	Sedation, dizziness, ataxia, respiratory depression, fatigue, amnesia, confusion, visual disturbances, irritability, menstrual irregularities, constipation, appetite changes, incontinence	Liver function tests if prolonged use
<b>Catapres, Kapvay (long acting)/ Clonidine HCL/ Antihypertensive</b>	Attention Deficit Hyperactivity Disorder (ADHD) Not recommended for children <6 yrs	Dry mouth, drowsiness, sore throat, dizziness, weakness, constipation, rash, myalgia, ear pain(K), nightmares-(K), urticaria, nausea, insomnia, agitation, orthostatic hypotension, impotence, heart arrhythmias (K)=with Kapvay	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease*; monitor for heart murmurs or arrhythmias

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<b>Celexa/Citalopram/ Selective Serotonin Reuptake Inhibitor (SSRI) Anti-depressant</b>	Depression; Mood Disorder; Autism Spectrum Disorder (ASD) Not established in children	GI upset, dry mouth, sleepiness, decreased sleep, increased sweating, fatigue, rhinitis, myalgia, decreased appetite, abnormal bleeding; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.
<b>Cogentin/ Bzotropine/ Anticholinergic</b>	Parkinson's Disease	Tachycardia, constipation, dry mouth, nausea, vomiting, dizziness, rash, sedation, decreased appetite, tinnitus	No recommended routine tests
<b>Concerta/ Methylphenidate (long acting)/ Stimulant</b>	ADHD/Not recommended for children <6 yrs	Decreased appetite, decreased sleep, headache, dry mouth, nausea, nervousness, fever, dizziness, hypertension, anxiety, weight loss, irritability, visual disturbance	Blood pressure, height and weight at baseline, monthly*; EKG if family or personal history of heart disease
<b>Cymbalta/Duloxetine/ Antidepressant</b>	Major Depressive Disorder; Generalized Anxiety Disorder/Not recommended for children <7 yrs	Nausea, dry mouth, constipation, increased sweating, decreased appetite, weight changes, fatigue, dizziness, tremor, blurred vision, liver damage; <b>suicidal ideation/Avoid thioridazine (Mellaril)</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Monitor blood pressure and liver functions
<b>Depakote/Divalproex/ Anti-seizure</b>	Absence or Complex partial seizures; Mania in Bipolar Disorder/ Not recommended for children < 10 yrs	Dizziness, headaches, stomachache, weakness, blood dyscrasias, alopecia, amblyopia, bone marrow suppression, acute pancreatitis; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.; monitor levels; monitor girls for polycystic ovary syndrome
<b>Dexadrine/ Dextroamphetamine Sulfate/ Stimulant</b>	Narcolepsy, ADHD /Not recommended for children <3 yrs	Decreased appetite, decreased sleep, nausea, nervousness, increased heart rate, headache, motor & phonic tics, palpitations, dizziness, high blood pressure, diarrhea, constipation	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease*
<b>Elavil/Amitriptyline/ Tricyclic Antidepressant</b>	<b>Brand discontinued in the US</b>		
<b>Effexor/Venlafaxine/ Selective Norepinephrine Reuptake Inhibitor (SNRI) Antidepressant</b>	Depression; Social Anxiety Disorder; Generalized Anxiety Disorder/Not established for children < 18 yrs	Nausea, dizziness, somnolence, insomnia, dry mouth, sexual dysfunction, sweating, tremor, nervousness, vasodilation, hypertension, weight changes; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks

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<b>Farapt/Iloperidone/ Atypical Antipsychotic</b>	Schizophrenia	Dizziness, somnolence, tachycardia, nausea, xerostomia, weight gain, dyslipidemia, hyperglycemia, nasal congestion, diarrhea, fatigue, hypotension(orthostatic), extrapyramidal symptoms, arthralgia, stiffness, abdominal pain, nasopharyngitis, URI, tremor, ejaculatory dysfunction, dyspnea, rash, blurred vision, lethargy, hyperprolactinemia; impaired body temperature regulation	Baseline potassium, magnesium, fasting blood glucose and CBC with differential
<b>Focalin/ Dexmethylphenidate HCl /Stimulant</b>	ADHD /Not established for children <6 years old	Decreased appetite, decreased sleep, weight changes, headache, dry mouth, nausea, anxiety, nervousness, fever, dizziness, high blood pressure, increased heart rate, toxic psychosis, dyspepsia, Tourette's syndrome	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease*
<b>Fluvoxamine/ SNRI Antidepressant</b>	Obsessive-Compulsive Disorder/Not established in 8-17 yrs	Nausea, drowsiness, insomnia,, asthenia, nervousness, indigestion, tremor, ejaculation disorders, sweating, decreased appetite, dry mouth, rhinitis, low sodium level	Monitor Sodium levels
<b>Gabapentin/ Antiepileptic</b>	Partial seizures; neuropathy; fibromyalgia; post-herpetic neuralgia; substance abuse, especially alcohol; off-label use as sleep aid	Dizziness, somnolence, ataxia, fatigue, fever, peripheral edema, nystagmus, nausea/vomiting, hostility (peds pts), tremor, diplopia, asthenia, diarrhea, infection, xerostomia, emotional lability (peds pts), amblyopia, headache, constipation, hyperkinesia (peds pts), abnormal thinking, weight gain, dysarthria, dyspepsia, amnesia, back pain, depression, impotence	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks; baseline creatinine
<b>Geodon/Ziprasidone/ Antipsychotic</b>	Psychosis; Mood Disorder; Bi-polar Disorder/ Not recommended for children	Drowsiness, extrapyramidal syndrome rash, respiratory disorder, dizziness, akathisia, weight gain, abnormal vision asthenia, vomiting, headache, dystonia, tachycardia, heart arrhythmia, priapism	Waist circumference baseline & annually; baseline liver function tests; weight-baseline, monthly for first 3 months & then quarterly; fasting blood glucose & lipids-baseline monthly for first 3 months & then annually

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<b>Haldol/Haloperidal/ Antipsychotic</b>	Psychosis esp. Schizophrenia; Tourette's Syndrome/ Not recommended for children; Brand discontinued in US	Tardive dyskinesia, GI upset, heart arrhythmias, extrapyramidal symptoms, bronchopneumonia	At high doses, monitor for cardiac arrhythmias
<b>Intuniv (long acting), Tenex / Guanfacine/ Antihypertensive</b>	Attention Deficit Hyperactivity Disorder (ADHD)	Drowsiness, sedation, fatigue, nausea, lethargy, hypotension, insomnia, dizziness, abdominal pain, dry mouth, constipation, bradycardia, impotence(T)/ <b>Avoid alcohol</b>	Blood pressure, height and weight - baseline, monthly; EKG if family or personal history of heart disease*; monitor for heart murmurs or arrhythmias
<b>Klonopin/ Clonazepam/ Anti-seizure</b>	Lennox-Gastaut syndrome, absence, akinetic and myoclonic seizures; Bipolar Disorder/Not recommended for children < 18 yrs	CNS depression, drowsiness, ataxia, GI upset increased salivation, liver disorders, blood dyscrasias; <b>suicidal ideation/Avoid alcohol</b>	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks
<b>Lamictal/ Lamotrigine/ Anti-seizure</b>	Bipolar Disorder; Seizure Disorder/Not established for children < 18 yrs	Nausea, insomnia, drowsiness, dizziness, back pain, rhinitis, non-serious rash, fatigue abdominal pain, dry mouth, headaches, abnormal dreams, serious rash (e.g. Stevens-Johnson Syndrome, toxic epidermal necrolysis), light hypersensitivity, multiorgan failure, blood dyscrasias, <b>suicidal ideation</b>	Aseptic meningitis; Baseline creatinine; Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks
<b>Latuda/Lurasidone/ Atypical Antipsychotic</b>	Schizophrenia; Bipolar Disorder	Somnolence, nausea, extrapyramidal symptoms, vomiting, diarrhea, dyspepsia, insomnia, hyperprolactinemia, agitation, anxiety, weight gain, dystonia, dizziness, fatigue, back pain, restlessness, elevated Cr (Creatinine), xerostomia, oropharyngeal pain (peds pts), impaired body temperature regulation	Baseline creatinine and fasting glucose and every 3 months; CBC w/ differential frequently during initial treatment if pre-existing or history of leukopenia/neutropenia; weight; consider orthostatic vital signs if hypotension risk; weekly face-to-face contact with patients during first 4 weeks, then at biweekly for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.

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<b>Lexapro/ Escitalopram/ SSRI- Antidepressant</b>	Major Depression Disorder/Not recommended for children < 12 years old	Nausea, decreased sleep, fatigue, low sodium level, drowsiness, increased sweating, abnormal bleeding, dizziness, decreased appetite, ejaculation disorder; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.
<b>Lithobid/Lithium/ Mood Stabilizer</b>	Mania; Bipolar Disorder	Polyuria, polydipsia, drowsiness, tremor, dry mouth, hypothyroidism, extrapyramidal symptoms, nausea, renal toxicity, seizures, heart arrhythmias, hypotension, metallic taste, pseudotumor cerebri	Monitor lithium levels; monitor thyroid and renal function
<b>Lunesta/Eszopiclone/ Sleep Aid</b>	Insomnia	Unpleasant taste, headache, somnolence, pain, infection, xerostomia, dizziness, nausea, rash, dyspepsia, diarrhea, viral infection	No recommendations
<b>Mellaril/Thioridazine/ Antipsychotic</b>	Schizophrenia	Drowsiness, heart arrhythmias, tardive dyskinesia, weight gain, fluid retention, anticholinergic effects, menstrual disorders, ejaculation disorders, blood dyscrasias, jaundice, gynecomastia, retinal changes, orthostatic hypotension	Personal family history of heart disorders*; baseline & serial liver function tests, waist circumference at baseline and annually; weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually
<b>Paxil/Paroxetine/ SSRI- Antidepressant</b>	Depression; Premenstrual Dysphoric Disorder/Not established in children	Nausea, diarrhea, sweating, decreased appetite, drowsiness, dizziness, decreased sleep, headache, tremor, abnormal bleeding, dry mouth, diarrhea, ejaculation disorders, blood dyscrasias, low sodium level; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; Baseline & serial sodium levels.
<b>Pristiq/ Desvenlafaxine/ SNRI Antidepressant</b>	Major Depressive Disorder/ Not recommended for children	Nausea, dizziness, decreased appetite, dizziness, decreased sleep, interstitial lung disease, anxiety, constipation, eosinophilic pneumonia, ejaculation disorders, sexual dysfunction, low sodium levels; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Monitor blood pressure; baseline and serial sodium levels
<b>Procentra/ Dextroamphetamine/ Stimulant</b>	ADHD; Narcolepsy	Decreased appetite, decreased sleep, nausea, nervousness, tachycardia, motor & phonic tics, headache, palpitations, hyper-tension, tremor, dizziness, diarrhea, constipation	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease*

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<b>Prozac/Fluoxetine/ Antidepressant</b>	Major Depressive Disorder; Bulimia Not established for children 8-18 yrs	Decreased appetite, weight loss, headache, nausea, dizziness, anxiety, nervousness, dry mouth, sexual dysfunction, agitation, rash, sweating, low sodium level; hypo- or hyperglycemia, nose bleeds; menstrual disorders; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated; Baseline and serial sodium levels & fasting blood glucoses.
<b>Remeron/ Mirtazapine/ Antidepressant</b>	Major Depressive Disorder/ Not established in children	Drowsiness, weight gain, dizziness, nausea, dry mouth, increased appetite, nausea, flu syndrome, edema, CNS effects, hypo- or hypertension, elevated cholesterol or triglycerides	Baseline and serial liver function tests; baseline and serial cholesterol and triglycerides
<b>Quillivant/ Methylphenidate HCL/ Stimulant</b>	Attention Deficit Hyperactivity Disorder/ Not established in children < 6 years	Insomnia, GI upset, indigestion, decreased appetite, hypertension, anxiety, abdominal pain. tachycardia, weight loss, irritability, affect lability, vomiting, indigestion, priapism	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease*
<b>Risperdal/ Risperidone/ Antipsychotic</b>	Schizophrenia; Bipolar Disorder; Mania; Irritability in Autism/ Not established in children <10 yrs	Increased appetite, weight gain, decreased sleep, headache, dry mouth, nausea, nasal congestion, anxiety, nervousness, dizziness, increased heart rate, drowsiness, fatigue, rhinitis, diarrhea or constipation, fever, rash, tremor, priapism, blood dyscrasias, gynecomastia; tardive dyskinesia/ <b>Avoid alcohol</b>	Personal family history of heart disease or arrhythmias*; baseline liver function, waist circumference at baseline and annually; weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually
<b>Ritalin/ Methylphenidate/ Stimulant</b>	Attention Deficit Hyperactivity Disorder (ADHD)	Decreased appetite, decreased sleep, headache, dry mouth, nausea, anxiety, nervousness, fever, dizziness, hypertension, tachycardia, toxic psychosis, Tourette's syndrome, blood dyscrasias, rash, priapism	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease*
<b>Seroquel/ Quetiapine/ Atypical Antipsychotic</b>	Bipolar Disorder; Mania/ Not established in children < 10 yrs	Sedation, weight gain, constipation, dry mouth, dizziness, anxiety, nervousness, agitation, drowsiness, sore throat, nasal congestion, hyperglycemia, increased appetite, hypothyroidism; <b>suicidal ideation</b>	Baseline liver function; waist circumference at Weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually; weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.

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<b>Serzone/Nefazodone/ Antidepressant</b>	Discontinued in US		
<b>Sonata/Zalepion/ Sleep Aid</b>	Insomnia	Headache, dizziness, nausea, asthenia, tremor, somnolence, abdominal pain, amnesia, ocular pain, paresthesia, dysmenorrhea, nightmares	No recommendations
<b>Stelazine/ Trifluoperazine/ Antipsychotic</b>	Brand discontinued in US		
<b>Strattera/ Atomoxetine HCl/ Selective Norepinephrine Reuptake Inhibitor</b>	Attention Deficit Hyperactivity Disorder (ADHD) /Not recommended for children <6 years old	Fatigue, decreased appetite, weight loss, headache, dry mouth, nausea, mood swings, vomiting, hypo- or hypertension, sweating, dizziness, tachycardia, jaundice, sexual dysfunction, priapism, urinary disorders; <b>suicidal ideation</b>	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease*. Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Baseline & serial liver function tests
<b>Tegretol/ Carbamazepine/ Anti-seizure</b>	Generalized tonic-clonic, partial and mixed seizures; Bipolar Disorder	Drowsiness, dizziness, nausea, heart failure, edema, hypo- or hypertension, heart arrhythmias, liver & urinary disorders, cataracts, fever, low sodium level, blood dyscrasias; bone marrow suppression; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; Baseline & serial sodium levels and hematocrit. Monitor blood pressure
<b>Thorazine/ Chlorpromazine</b>	Brand discontinued in US		
<b>Tofranil/Imipramine HCl/ Antidepressant</b>	Major Depressive Disorder/ Not established in children	Heart arrhythmias, nausea, fatigue, rash, sweating, headache, edema, blood dyscrasias, jaundice, hypo- or hypertension, jaundice; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; monitor liver functions
<b>Trazodone/ Trazodone HCl/ Antidepressant</b>	Major Depressive Disorder/Not recommended for children < 18 yrs	Drowsiness, dizziness, sedation, dry mouth, fainting, CNS overstimulation, heart arrhythmias, hypotension, nausea, fatigue, headache, low sodium levels; <b>suicidal ideation</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; Baseline & serial liver functions and sodium levels

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<b>Trileptal/ Oxcarbazepine/ Antiepileptic</b>	Bipolar Disorder; trigeminal paralysis; partial seizures	Dizziness, headache, nausea, vomiting, somnolence, diplopia, balance problems, tremor, fatigue, hyponatremia, visual disturbance, ataxia, nystagmus, abnormal gait, abdominal pain, dyspepsia, gastritis, diarrhea, constipation, impaired concentration, confusion, URI symptoms, rash, nervousness, insomnia, photosensitivity, acne	Baseline creatinine and soBaseline Creatinine and Sodium; weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks;dium; weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks.
<b>Vistaril /Hydroxyzine Pamoate/ Antianxiety</b>	Anxiety Disorder; Pruritus; Sedation	Drowsiness, dry mouth, tremor, seizures, weakness, bitter taste, headache, agitation, ataxia, nausea	No routine tests recommended
<b>Vyvanse/ Lisdexamphetamine dimesylate/ Stimulant</b>	Attention Deficit Hyperactivity Disorder/Not established in children <6 yrs	Decreased appetite, weight loss, diarrhea, dry mouth, irritability, insomnia, nausea, dizziness, headache, anxiety, fatigue, upper abdominal pain, vomiting; hypertension	Blood pressure, height and weight at baseline, monthly; EKG if family or personal history of heart disease or arrhythmias*
<b>Wellbutrin/ Bupropion HCl/ Antidepressant</b>	Major Depressive Disorder; Seasonal Affective Disorder; ADHD/Not established in children < 18 yrs	Dry mouth, nausea, tremor, seizures, sore throat, stomachache, agitation, anxiety, rash, tremor, palpitations, sweating, ear ringing, dizziness, decreased sleep, headache, blurred vision, weight change, high blood pressure, tachycardia; <b>suicidal ideation/Avoid in clients with Seizure Disorders</b>	Weekly face-to-face contact with patients during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks; Blood pressure, height and weight at baseline, monthly
<b>Xanax/Alprazolam/ Antianxiety</b>	Anxiety Disorder; Panic Disorder/Not recommended for children < 18 years old	Nausea, tremor, drowsiness, dizziness, decreased sleep, tremor, dry mouth, weight loss, decreased appetite, sweating, impaired memory, increased salivation, sexual dysfunction	Monitor liver functions if prolonged treatment
<b>Zoloft/Sertraline/ SSRI Antidepressant</b>	Major Depressive Disorder; Panic Disorder; Post Traumatic Stress Disorder; Obsessive Compulsive Disorder/Not recommended for children < 6 yrs	Nausea, diarrhea, tremor, drowsiness, insomnia, decreased appetite, sweating, dizziness, decreased sleep, tremor, dry mouth, weight loss, low sodium levels; <b>suicidal ideation</b>	Weekly face-to-face contact with patients or their family members or caregivers during the first 4 weeks, then at biweekly visits for the next 4 weeks, then at 12 weeks, and as clinically indicated beyond 12 weeks. Baseline and serial sodium levels; baseline and serial height & weight

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<b>Zyprexa/Olanzapine/ Antipsychotic</b>	Bipolar Disorder; Major Depressive Disorder/Not recommended for children < 13 yrs	GI upset, tremor, drowsiness, sedation dizziness, decreased sleep, weight gain, dry mouth, headache, fever, sore throat constipation, vomiting joint pain, blood dyscrasias, hyperglycemia, tachycardia; tardive dyskinesia	Personal family history*, liver function, waist circumference at baseline and annually; weight at baseline, first 3 months and quarterly; fasting blood glucose and lipids at baseline, 3 months and annually

## REFERENCES

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